

NINETEENTH SUNDAY IN ORDINARY TIME



Mass Intentions

Saturday, August 10

4:30pm James Sweet

Requested by family

Sunday, August 11

8:00am George Dumas

Requested by Dolores Embleton, sister

10:00am Raymond Rogers

Requested by family

12:00NN John S. Cain & James Dware

Requested by Barbara Potter

Monday, August 12

7:00am Margaret Flynn

Requested by Kathleen and Jeff

Tuesday, August 13

7:00am Marion Maggio

Requested by family

Wednesday, August 14

7:00am Mary Rock

Requested by Gloria Kane

Thursday, August 15

Assumption of the Blessed Virgin Mary

7:00am Cheryl Latham

12:00NN Mass for the People

6:30pm Kathy Rachwal

Friday, August 16

7:00am Richard Walsh

Requested by Cynthia and Jack

Saturday, August 17

4:30pm Felicia Boragine

Requested by Lisa Fiore

Sunday, August 18

8:00am Brenda Fay

Requested by St. Francis Parish Staff

10:00am Reginald Allen, Jr. & Sr. and

Annette C. Allen—*Req. by family*

12:00NN Mary and Nelson Burke

Requested by family



St. Romuald Chapel

Saturday, August 10

5:30pm Matilda & Michael Dunphy

Requested by family

Sunday, August 11

8:00am Anne G. Murphy

Requested by Bob Tiernan

10:00am Sabatino & Pearl Vacca and

Gino & Catherine Parente

Requested by family

Saturday, August 17

5:30pm James & Lucille Ferry

Requested by family

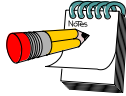
Sunday, August 18

8:00am Grace and John Carpinelli

Requested by family

10:00am Betty, Cy and David Cooney

Requested by family



For Your Information

SANCTUARY LAMP

This week's sanctuary lamp at St. Francis Church burns in memory of Margaret Flynn. The sanctuary lamp at St. Romuald Chapel burns in memory of Brenda Fay.



HOLY DAY OF OBLIGATION

The Solemnity of the Assumption of the Most Blessed Virgin Mary is observed on Thursday, August 15. This special day in honor of Our Blessed Lady is a **Holy Day of Obligation**. Masses will be celebrated in St. Francis Church at **7AM, 12NN, and 6:30PM**.

ACT OF LOVE PRAYER

O my God, I love you above all things, with my whole heart and soul, because you are all-good and worthy of all my love! I love my neighbor as myself for the love of you. I forgive all who have injured me, and I ask pardon of all whom I have injured. Amen.

WEDDING ANNIVERSARY CELEBRATION

The Diocese of Providence cordially invites you and your spouse to celebrate your 25th, 40th, 50th or over Wedding Anniversary on Sunday, October 6th at 1pm at the Cathedral of SS. Peter and Paul in Providence. The Wedding Anniversary Celebration includes: Mass, renewal of wedding vows, a personalized certificate and a reception for you and your guests. Bishop Thomas J. Tobin will be the main celebrant and homilist. For more information or to sign up for the celebration, please contact Kelli in the main office (783-4411).

PARISH SUPPORT— August 4th

Weekly Support

		August 4th
Budget envelopes used (356)	-	\$6,418.00
Loose Donations	-	\$2,201.00
Online Giving (# of donors 27)	-	\$ 620.00
Total Budget	-	\$9,239.00

Peter's Pence

Budget envelopes used (277)	-	\$1,958.00
Other Donations	-	\$ 865.00
Total Peter's Pence	-	\$2,823.00

This weekend's second offering is the Monthly offering for August. **As always, thank you for your continued generosity.**

AUGUST 11, 2013

BEREAVEMENT: FACING YOUR LOSS

As you grieve you are going to hurt. Grieving means living with pain. That pain is the sign that you loved someone and someone loved you. You will always miss them and want to hear their voice and that is okay. You cannot heal what you do not allow yourself to feel. Over time, each day will get a little better.

Each person's experience of loss is unique, but there are also common elements of grief. There is no right or wrong way to grieve, no orderly stages of progression. There are, however, healthy and unhealthy ways to cope with your grief. Some healthy ways of coping include: talking about your loss with family, friends and others; writing in a journal, praying; visiting the grave; looking at photos; honoring your feelings and taking care of yourself.

Doing these things often brings lots of tears. Crying is a natural response to sorrow and can be extremely healing. Crying supports the immune system. Scientists have discovered that tears of sadness are chemically different from tears of joy. Allowing ourselves to cry these tears of sorrow actually flushes out depressants from the body. So give yourself permission to cry.

You must also learn how to deal with the pain of your grief. The death of a loved one is the greatest hurt you will ever endure and healing is never easy. Grieving takes courage, patience, endurance and faith. Grieving is healthy and necessary. It takes a toll on your body, mind and soul. Take the time you need and be sure to get proper rest, nutrition and exercise.

For additional information and resources on dealing with your grief, contact:

Peter A. Magnotta, Licensed Social Worker (MSW)
Our Lady of Sorrows Bereavement Support Group
Diocese of Providence
One Cathedral Square
Providence, RI 02903
401.421.7833 Ext. 217 / pmagnotta@dioceseofprovidence.org

OR

Our Lady of Mercy Bereavement Support Group
Contact: Doug Green—401-884-4410
The support group meets every first and third Thursdays of each month. (Unless changed by a holiday, weather, etc.) Please contact the OLM Outreach Office at 401-884-4410 to inquire of the next scheduled meeting.

Religious Education

Need for Catechists & Aides

Our teachers and aides are a key component of our religious education program. Their unselfish generosity of time and talent is a gift to the young parishioners of St. Francis Parish. With over 500 children in our program, there is a great need for more teachers. *Why not you? Team teaching is an option so invite a friend to join you! Newly confirmed teens, this is your chance to give back to the community the gifts of your faith that were passed on to you.*

The qualifications needed are: a generous heart, enjoyment of young people, and a willingness to share your faith.

Training and assistance are provided. Please call Barbette Cullen or Diane Castro at 792-8684 for more information.



This Week

Sunday, August 11

6:30pm Taize Prayer Service (SFC)

7:00pm AA (HBH)

Monday, August 12

Victory Day Observance

All parish offices closed.

Wednesday, August 14

7:00pm PRAISE! Rehearsal (FGC)

Thursday, August 15

**THE ASSUMPTION OF THE
BLESSED VIRGIN MARY**

A Holy Day of Obligation

Mass will be celebrated at:

7am, 12nn, and 6:30pm at St. Francis

Saturday, August 17

Set-up for the Matunuck Breakfast

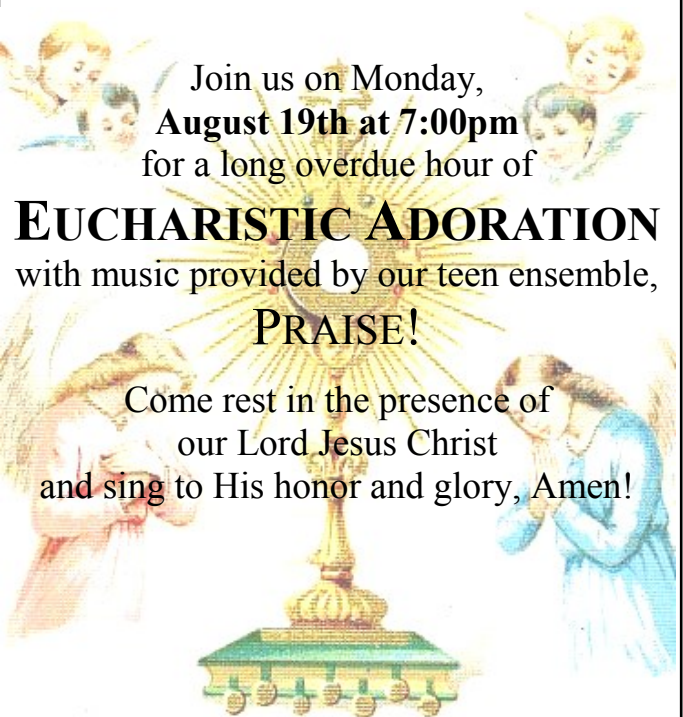
NEED A SUMMER SLOW-DOWN? JOIN US FOR A NIGHT OF REFLECTIVE PRAYER AND SONG!

Before the summer passes you by, take some time to slow down and give God a chance to speak! The Taize Community is an ecumenical fellowship in France that has become famous for their distinctive prayer services. Please join us as we bring a little bit of France to Wakefield! On **Sunday, August 11, at 6:30PM**, our parish musicians will lead a Taize Prayer Service in Saint Francis Church. The service other-worldly! Using light and darkness, gentle song and silence, we will lift up our hearts to God in contemplative prayer! Candles, sacred images, scripture, and meditative, easily-singable songs will be a part of this special gathering! Take a seat in your favorite pew or get comfortable on the sanctuary floor! Whenever our parish has hosted a Taize prayer service, it has always been joyfully received. Here are some reflections from those who participated in our last gathering: *"Just what I needed, a welcome rest from all the hustle and bustle!"*; *"Absolutely stunning, both the atmosphere of prayer and the beauty of the music."*; *"I have never felt as peaceful in our church."*; *"How soon can we do this again?!"*. Please join us next Sunday evening and bring a friend along.

GOLF TOURNAMENT TO BENEFIT SEMINARIANS

The Knights of Columbus present the first annual golf outing: **A CALL TO VOCATION**, supporting the seminarians of Our Lady of Providence Seminary. It will be held on Saturday, August 17th at Lindhbrook Executive Golf Club in Hope Valley. Check-in for singles and foursomes at 8am, shotgun starts at 9am, food and cash bar at 19th hole. Admission is \$50.00 per person, \$200.00 per foursome. 18 holes of golf PAR 3, food and prizes! Tee sponsors welcome. Mail checks to Denis Monahan (please include team name, names of golfers, phone number and email address) at 15 Secluded Drive, Narragansett, RI 02882. Checks should be made payable to: "Knights of Columbus Pope Pius XII 5295." Please call 626-2309 or email denismonahan@cox.net for more information. Our own parish seminarian, Steve Battey, just completed two years of formation at Our Lady of Providence which continues to need help in forming young men for the priesthood!

holy, holy, holy, LORD GOD OF HOSTS!



Join us on Monday,
August 19th at 7:00pm
for a long overdue hour of

EUCCHARISTIC ADORATION

with music provided by our teen ensemble,
PRAISE!

Come rest in the presence of
our Lord Jesus Christ
and sing to His honor and glory, Amen!

20 WEEK CLUB WINNERS:

WINNERS OF THE TWO
WEEK 12 DRAWINGS OF \$25.00:
131— ANN MARIE VIEIRA
64 — KAREN RICCI
CONGRATULATIONS!



We now offer a secure and convenient way for you to contribute to St. Francis Parish!

Online donations may be made at any time from the privacy and comfort of your own home or any place with internet access. Online donations are credited to your tax statement for the end of the year (except when made anonymously), and each user can change his or her preferences or desired donation amounts at any time!

Visit our website for more information on how to get started: www.stfranciswakefield.com.