

2013 Guide to Lenten Activities and Offerings

DAYS OF FASTING AND ABSTINENCE

Church discipline requires that Ash Wednesday and Good Friday be observed as days of fasting. Those between the ages of 18 and 59 should take only one full meal on those days, without taking solid food between meals. Abstinence from meat is also required on Ash Wednesday and all Fridays of Lent. Those with serious health conditions are excused from these requirements.

SACRAMENT OF RECONCILIATION

Confessions are heard each Saturday afternoon at 3:30PM in St. Francis Church. Several other opportunities will be available for Confession throughout the Lenten Season:

- Tuesday, February 26 - 7PM at St. Francis Church
- Friday, March 15 - 6:30PM in St. Francis Church
- Friday, March 22 - 6:30PM in St. Francis Church

PARISH LENTEN MISSION

Fr. John Reutemann, a priest of the Archdiocese of Washington DC, and a classmate of Fr. Joe’s, will deliver our 2013 Lenten Mission. He will preach at all Masses on the weekend of February 23 and 24. The mission will continue with an evening service at 7PM on each of the following three evenings: February 25 - Mission Service with Benediction; February 26 - Penance Service; February 27 - Closing Mass. Please join us!

LENTEN DEVOTIONS

Join us each Friday of the Lenten Season at 7PM in St. Francis Church for Stations of the Cross and Benediction of the Blessed Sacrament.

STATIONS OF THE CROSS FOR YOUTH

Our religious education children will host three additional opportunities to pray the Stations of the Cross. Our seventh-graders will present the “Living Stations” on Wednesday, March 20 at 7PM in St. Francis Church. Our younger students will present the Stations for children, “Step Up Close to Jesus,” on Wednesday, March 6 at 4PM in St. Francis Church and again on Sunday, March 10 at 11AM in Fr. Greenan Center. All are welcome!

MORNING PRAYER

Morning Prayer, a brief service of psalms and prayers, will be prayed each Wednesday during Lent immediately following the 7AM Mass.

CATHOLICISM SERIES BY FR. BARRON

Fr. Robert Barron, internationally renowned speaker and evangelist, recently produced a series of DVDs which present major themes of our Catholic faith in an attractive and easily understandable manner. Our Bible Study Group will present two films from the series and will lead table discussions. Please join us on Tuesday, March 12, as we explore the *Beatitudes* as the basis of the Christian life, and again on Tuesday, March 19, as we explore *Christian charity* and the twenty-fifth chapter of the Gospel of Matthew. Both sessions will be held in Fr. Greenan Center.

PARENTING FOR THE MODERN FAMILY

Come together with other parents to discuss the challenges and joys of raising children in an ever-changing world. Meetings will be held on Friday, February 15 at 7PM and March 8 at 7PM, in the Upper Room of Fr. Greenan Center. Please call Joe and Sharon Clossick at 401-782-2504 for more information.

MEN OF SAINT JOSEPH

Join our parish men’s group for opportunities to address issues pertinent to men. The evenings will consist of prayer, reflection and discussion. Sessions will be held on Thursday evenings throughout Lent, beginning on February 23 at 7PM in Fr. Greenan Center. Please call Mark Castro at 860-961-5870 or Ed Mis at 401-447-8134 for more information.

**the SACRED TRIDUUM**

Our Lenten preparations are ordered toward our observance of the three most sacred days of the year, the Sacred Triduum. Please plan on joining with our parish community as we commemorate the mysteries of our Redemption.

**Holy Thursday - 7PM Mass of the Lord’s Supper** in St. Francis Church  
(Adoration of the Blessed Sacrament will continue until 11PM in Helen Bouchard Hall.)

**Good Friday - 3PM Celebration of the Lord’s Passion** at St. Romuald Chapel  
**3PM Stations of the Cross** in St. Francis Church  
**7PM Celebration of the Lord’s Passion** in St. Francis Church

**Holy Saturday - 8PM Solemn Vigil of the Lord’s Resurrection**

LENT + 2013

LET ME FIND MY LIFE IN YOU

PRAYER + FASTING + ALMSGIVING

ST. FRANCIS AND ST. ROMUALD PARISH LENTEN PRAYER

☩ God, living and true, guide us on our Lenten journey. Help us to find our life anew, in and through you. Though we have sought happiness and fulfillment in many things apart from you, hold before us the mirror of your truth. Renew our hearts and minds in your grace and strengthen our resolve to abandon our lives to your mercy and love.

Grant this through Christ, our Liberator from sin, who lives and reigns with you in the unity of the Holy Spirit, holy and mighty God forever and ever.

Amen



Lenten calendar 2013 St. Francis + St. Romuald				Wed, Feb 13	Thurs, Feb 14	Fri, Feb 15	Sat, Feb 16
<div><div>KEY:</div><div>SFC - St. Francis Church • SRC - St. Romuald Chapel FGC - Fr. Greenan Center • HBH - Helen Bouchard Hall Shaded Days - Abstinence from meat (Ash Wednesday and Good Friday are also days of fasting)</div></div>				ASH WEDNESDAY 7AM, 12NN and 7PM—Mass with Distribution of Ashes (SFC) 4PM—Service with Distribution of Ashes (SFC)	7AM—Mass (SFC) 7PM—Men of St. Joseph (FGC)	7AM—Mass (SFC) 7PM—Stations of the Cross with Benediction (SFC) 7PM—Parenting Group (FGC)	3:30PM—Confessions (SFC) 4:30PM—Mass (SFC)
				Wed, Feb 20 7AM—Mass (SFC) 7:30AM—Morning Prayer (SFC)	Thurs, Feb 21 7AM—Mass (SFC) 7PM—Men of St. Joseph (FGC)	Fri, Feb 22 7AM—Mass (SFC) 7PM—Stations of the Cross with Benediction (SFC)	Sat, Feb 23 3:30PM—Confessions (SFC) 4:30PM—Mass with Mission Speaker (SFC)
Sun, Feb 24 8AM, 10AM and 12NN—Mass with Mission Speaker (SFC) 10AM—Mass (SRC)	Mon, Feb 18 7AM—Mass (SFC)	Tues, Feb 19 7AM—Mass (SFC)	Wed, Feb 20 7AM—Mass (SFC) 7:30AM—Morning Prayer (SFC) 7PM—Mission Closing Mass (SFC)	Thurs, Feb 21 7AM—Mass (SFC) 7PM—Men of St. Joseph (FGC)	Fri, March 1 7AM—Mass (SFC) 7PM—Stations of the Cross with Benediction (SFC)	Sat, March 2 3:30PM—Confessions (SFC) 4:30PM—Mass (SFC)	
Sun, March 3 8AM, 12NN—Mass (SFC) 10AM—Family Mass (SFC) 10AM—Mass (SRC)	Mon, March 4 7AM—Mass (SFC)	Tues, March 5 7AM—Mass (SFC)	Wed, March 6 7AM—Mass (SFC) 7:30AM—Morning Prayer (SFC) 4PM—Stations for Children (SFC)	Thurs, March 7 7AM—Mass (SFC) 7PM—Men of St. Joseph (FGC)	Fri, March 8 7AM—Mass (SFC) 7PM—Stations of the Cross with Benediction (SFC) 7PM—Parenting Group (FGC)	Sat, March 9 3:30PM—Confessions (SFC) 4:30PM—Mass (SFC)	
Sun, March 10 8AM, 10AM and 12NN—Mass (SFC) 10AM—Mass (SRC) 11AM—Stations for Children (FGC)	Mon, March 11 7AM—Mass (SFC)	Tues, March 12 7AM—Mass (SFC) 7PM—Catholicism Series on the Beatitudes (FGC)	Wed, March 13 7AM—Mass (SFC) 7:30AM—Morning Prayer (SFC)	Thurs, March 14 7AM—Mass (SFC) 7PM—Men of St. Joseph (FGC)	Fri, March 15 7AM—Mass (SFC) 6:30PM—Confessions (SFC) 7PM—Stations of the Cross with Benediction (SFC)	Sat, March 16 3:30PM—Confessions (SFC) 4:30PM—Mass (SFC)	
Sun, March 17 8AM, 10AM and 12NN—Mass (SFC) 10AM—Mass (SRC)	Mon, March 18 7AM—Mass (SFC)	Tues, March 19 7AM—Mass (SFC) 7PM—Catholicism Series on Christian Charity (FGC)	Wed, March 20 7AM—Mass (SFC) 7:30AM—Morning Prayer (SFC) 7PM—7th Grade Living Stations of the Cross (SFC)	Thurs, March 21 7AM—Mass (SFC) 6:30PM—Lenten Twilight Retreat (FGC) 7PM—Men of St. Joseph (FGC)	Fri, March 22 7AM—Mass (SFC) 6:30PM—Confessions (SFC) 7PM—Stations of the Cross with Benediction (SFC) 8PM—Sleep Out for the Homeless (SFC)	Sat, March 23 3:30PM—Confessions (SFC) 4:30PM—Mass (SFC)	
Sun, March 24 PALM SUNDAY 8AM, 10AM and 12NN—Mass (SFC) 10AM—Mass (SRC) 3PM—Palm Sunday Concert (SFC)	Mon, March 25 7AM—Mass (SFC)	Tues, March 26 7AM—Mass (SFC)	Wed, March 27 7AM—Mass (SFC) 7:30AM—Morning Prayer (SFC)	Thurs, March 28 HOLY THURSDAY 7PM—Mass of the Lord’s Supper (SFC) Adoration Continues until 11PM (HBH)	Fri, March 29 GOOD FRIDAY 3PM—Celebration of the Lord’s Passion (SRC) 3PM—Stations of the Cross (SFC) 7PM—Celebration of the Lord’s Passion (SFC)	Sat, March 30 HOLY SATURDAY 8PM—Solemn Vigil of the Lord’s Resurrection (SFC) Sun, March 31 EASTER SUNDAY Regular Mass Schedule	